

## Calgary Forklift Training Program

Calgary Forklift Training Program - Lift trucks are occasionally called jitneys, hi los or lift trucks. These powered industrial trucks are used widely these days. Department stores used forklifts to unload products from trailers. Warehouses utilize them for tiering merchandise. And grocery stores use small models to drop supplies in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, forklift operators must be correctly trained and licensed. The priority should be on the safety of the pedestrian and worker. This lift truck training course teaches the health and safety regulations governing forklifts to be able to ensure their safe and efficient use.

### Forklift Training Program Safety Guidelines:

Forklift training courses are meant to guarantee that the operator can safely control the forklift throughout tilting, traveling and lifting. Only qualified operators must operate a forklift.

Safety guidelines while traveling - head, hands, legs, arms and feet should be kept in the forklift truck throughout traveling. The forks should be low to the ground and tilted back. Observe traffic signs which are posted. Decrease speed and sound the horn if taking a corner. If the driver's vision is blocked by the load, slowly drive in reverse. Pre-inspect the ground for potential dangers, like for example objects, oily or wet spots, holes, rough patches, vehicles and people. Prevent stopping suddenly.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift must be stopped, the load lowered, waiting until the way is clear. If a load is being transported on an incline, the forks must be pointed downhill without a load and uphill with a load. The forklift must only be turned around if on level ground.

Safety tips while steering - Never turn the steering wheel sharply if traveling fast. Turn making use of the back wheels and support the load by the front wheels. An overloaded truck would be difficult to steer. Adhere to load restrictions. Do not add a counterweight in order to improve steering.

Safety tips while loading - Adhere to the recommended capacity and load limits of the lift truck. This information is displayed on the data plate. Always ensure that the load is placed according to the recommended load centre. The lift truck will remain steady so long as the load is kept close to the front wheels.

Prior to inserting the forks into the pallet, the forklift mast must be in an upright position. Level the forks before inserting them.